



HELPFUL WEBSITES

- **Aap.org
- **Happiestbaby.com
- **healthychildren.org
- **Kellymom.com

HELPFUL SMART PHONE APPS (may be a cost)

- ** Child Health Tracker by the American Academy of Pediatrics
- ** Mommy Meds
- **Infant Risk Center
- ** Sprout Baby

LACTATION TELEPHONE WARM LINE

The Lactation "Warm Line" is a non-urgent advice line to reach our Lactation Consultant available Mon - Fri 8am to 3pm. Leave us your questions and we will do our best to call you back within 24 hours during the business hours listed above

Purcellville (540) 338-7065 Lansdowne (703) 723-7337

INFANT RISK CENTER

For questions regarding MEDICATION SAFETY while breastfeeding (806)-352- 2519. This is a free service.

BACK TO WORK CONSULT

Make a private appointment with our Lactation Consultant to discuss topics such as storing and handling breastmilk, pumping techniques, paced bottle feeding, maintaining your milk supply, and balancing work and home. Bring your pump along to discuss techniques and flange fit. Consults are 60minutes in length for the rate of \$60. Your baby is welcome to join us for your consult.

**Lansdowne (703) 723-7337 Purcellville (540) 338-7065
Stone Springs (703) 957-1247**

**After Hours Answering Service (855) 576-8745
Or www.hellopediatrics.com**

www.loudounpeds.com

**We welcome you to follow us on Facebook.
"Loudoun Pediatric Associates"**